

**EFX AND YELLOWSTONE FITNESS PRESENT
2019 IFBB PHYSIQUE AMERICA
NORTHWESTERN USA CHAMPIONSHIPS**

Lincoln Center Auditorium Billings, Montana

***An IFBBPA Sanctioned Event**

April 6, 2019

Name _____ Phone _____

Street Address _____ T-Shirt Size M L XL XXL

City _____ State _____ Zip _____

Email _____ IFBB Card? Yes No # _____ Purchase at weigh in

Team or Coach Representative _____

Divisions: Please check appropriate box for classes below

(Please note that all Teen entrants must be 16 or older and accompanied by a guardian)

MEN'S BODYBUILDING	
Novice	<input type="radio"/> Light up to 178 <input type="radio"/> Heavy over 178.25
Open	<input type="radio"/> Bantam less than 143 <input type="radio"/> Light Hvy 180.25 to 199
	<input type="radio"/> Light 143.25 to 154 <input type="radio"/> Heavy 199.25 to 224
	<input type="radio"/> Middle 154.25 to 180 <input type="radio"/> Super Heavy greater than 224.25
Jr.	<input type="radio"/> (20 and under) Age _____
Masters	<input type="radio"/> 40 – 49 <input type="radio"/> 50+

WOMEN'S BODYBUILDING	
Novice	<input type="radio"/> Light up to 145 <input type="radio"/> Heavy over 145.25
Open	<input type="radio"/> Light up to 145 <input type="radio"/> Heavy over 145.25
Masters	<input type="radio"/> 40 – 49 <input type="radio"/> 50+

MEN'S CLASSIC BODYBUILDING	
Open	<input type="radio"/> Under 5'5" / Weight up to 150 <input type="radio"/> 5'5 1/4" up to 5'6" / Weight up to 160
	<input type="radio"/> 5'6 1/4" - 5'7" / Weight up to 174 <input type="radio"/> 5'7 1/4" up to 5'9" / Weight up to 190
	<input type="radio"/> 5'9 1/4" - 6'2" / Weight up to 216 <input type="radio"/> Over 6'2" / Weight up to 236
Novice	Class A (Under 5'9 and < 190 lbs) Masters 40 - 49 50+
	Class B (5'9 1/4" or > 190 lbs) Jr. (20 and under)

WOMEN'S PHYSIQUE	
Open	<input type="radio"/> Under 5'3" Weight up to 137 <input type="radio"/> 5'3" to 5'7" Weight up to 147
	<input type="radio"/> Over 5'7" Weight up to 160 maximum

***All competitors must purchase a IFBBPA Federation card (\$130 for 1 calendar year)**

FIGURE					
Novice	Height Classes:	<input type="radio"/> Under 5'2"	<input type="radio"/> 5'2" up to 5'5"	<input type="radio"/> 5'5" up to 5'7"	<input type="radio"/> Over 5'7"
Open	Height Classes:	<input type="radio"/> Under 5'2"	<input type="radio"/> 5'2" up to 5'5"	<input type="radio"/> 5'5" up to 5'7"	<input type="radio"/> Over 5'7"
Jr.	<input type="radio"/> (20 and under)	Age _____	Masters	<input type="radio"/> 40-49	<input type="radio"/> 50+

MEN's FITNESS MODEL
<input type="checkbox"/> Open

WOMEN'S FITNESS MODEL
<input type="checkbox"/> Open

WOMEN'S FIT BODY (WELLNESS)
<input type="checkbox"/> Open

MEN'S PHYSIQUE			
Novice	<input type="radio"/> Short (Under 5'6)	<input type="radio"/> Medium (5'6" 1/4 - 5'9")	<input type="radio"/> Med/Tall (5'9" - over 6')
Open	<input type="radio"/> Short (Under 5'6)	<input type="radio"/> Medium (5'6" 1/4 - 5'9")	<input type="radio"/> Med/Tall (5'9" 1/4 - 6') <input type="radio"/> Over 6' (open only)
Jr.	<input type="radio"/> (20 and under)	Age __	Masters <input type="radio"/> 40 -49 <input type="radio"/> 50+

WOMAN'S BIKINI				
Novice	<input type="radio"/> Under 5'2	<input type="radio"/> 5'2" up to 5'5	<input type="radio"/> 5'5" up to 5'7"	<input type="radio"/> Over 5'7"
Open	<input type="radio"/> Under 5'2	<input type="radio"/> 5'2" up to 5'5	<input type="radio"/> 5'5" up to 5'7"	<input type="radio"/> Over 5'7"
Jr.	<input type="radio"/> (20 and under)	Age _____	Masters	<input type="radio"/> 40 -49 <input type="radio"/> 50+

MIXED PAIRS BODYBUILDING (OPEN ONLY)
_____ (List both names here)

DISABLED/ADAPTIVE
Please tell us your division _____

READ BEFORE SIGNING

In consideration of being allowed to participate in any way IFBBPA Sanctioned Event, related events and activities, the undersigned acknowledges the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE promoters Brad Hollibaugh, Jeff Golini , Mongo Productions, and IFBBPA or others, and assume full responsibility for my participation; and, these risks and dangers may be caused by my own actions or inaction's, the actions or inaction's of others participating in the activity, the condition in which the activity takes place, or the negligence of the "releases" named below; I willingly agree to

comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, 4) There may be other risk and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the activity. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS IFBBPA, Wayne DeMilia, EFX, Jeff Golini, Brad Hollibaugh, Mongo Productions and their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event Northwestern USA, WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Furthermore:

For good and valuable consideration, the receipt of which is hereby acknowledged, I hereby consent to the photographing of myself and the recording of my voice and the use of these photographs and/or recordings singularly or in conjunction with other photographs and/or recordings for advertising, publicity, commercial or other business purposes. I understand that the term "photograph" as used herein encompasses both still photographs and motion picture footage. I further consent to the reproduction and/or authorization by IFBBPA, EFX, Jeff Golini, Brad Hollibaugh, Mongo Productions and media assigned to the Northwestern USA to reproduce and use said photographs and recordings of my voice, for use in all domestic and foreign markets. Further, I understand that others, with or without the consent of IFBBPA may use and/or reproduce such photographs and recordings. I hereby release IFBBPA, Wayne Demilia, Brad Hollibaugh, Jeff Golini, EFX, Mongo Productions and any of its associated or affiliated companies, their directors, officers, agents, employees and customers, and appointed advertising agencies, their directors, officers, agents and employees from all claims of every kind on account of such use. I take full responsibility of my actions in respect to rules and regulations governed by IFBBPA, the hotel in which I have registered to stay while participating in the Northwestern USA and all rules of the Venue.

DATE SIGNED: _____

(Signature)

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, **EVEN IF ARISING FROM THEIR NEGLIGENCE**, to the fullest extent permitted by law.

DATE SIGNED: _____

(Parent/Guardian Signature)

Emergency Phone Number: (_____) _____

Note: You must purchase IFBBPA Organization membership card in order to compete. Link to membership coming soon.

ENTRY DEADLINE IS APRIL 1, 2019. LATE ENTRIES WILL INCUR \$25 FEE

Mail your registration to:

IFBB Northwest

Attn. Dr. Jeff

2376 Main St.

Billings, Montana 59105

OR email it to Drj@allamph.com

**Pricing is as follows: First Entry \$100.00
 Crossovers \$50.00 per additional class**

Payment Options are: PayPal, Credit Card, or Cashier's Check/Money Order

Pay by PayPal using the form below:

Your PayPal address:

- **First Entry: \$100.00 USD**
- **Entry plus 1 Class: \$150.00 USD**
- **Entry plus 2 Classes: \$200.00 USD**
- **Entry plus 3 Classes: \$250.00 USD**

Cashier's Checks/Money Orders: Send to IFBB Northwest at the address above.

If paying by credit card please contact Brad Hollibaugh

at: bradholti@aol.com or call (509)263-0789

For any questions or additional information please contact: Brad Hollibaugh (509) 263-0789
Bradholti@aol.com